

# DayBreak Day Program: OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>Coffee and Conversation</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Ginkgo</b> Bean Bag Toss</p>	<p>3</p> <p><b>DB News and Current Events</b> <b>Art Fun w/ Tessa 10:30a</b> <b>Memory Enhancement</b> <b>Smooth Moves w/ Colleen 1p</b> DB Feud Bingo</p>	<p>4</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> Word Inside A Word <b>Day Break Jeopardy</b> Day Break Double Jeopardy Bean Bag Toss</p>	<p>5</p> <p><b>Coffee and Tea w/ Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Bingo</b> <b>Word Inside A Word</b> <b>Mixed Bag</b></p>	<p>6</p> <p><b>Coffee/Conversations</b> <b>Reminisce Group</b> Yoga w/ Trina 11a <b>Sittercise</b> Bean Bag Toss</p>
<p>9</p> <p><b>Coffee &amp; Tea w/Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Bingo</b> Mixed Bag Bean Bag Toss Bean Bag Toss</p>	<p>10</p> <p><b>DB News and Current Events</b> <b>Art Fun w/ Tessa 10:30a</b> <b>Memory Enhancement</b> <b>Smooth Moves w/ Colleen 1p</b> DB Feud Mixed Bag</p>	<p>11</p> <p><b>Coffee and Tea w/ Friends</b> <b>Reminisce Group</b> Drum Alive w/ Meida 10:30a <b>Day Break Jeopardy</b> Mixed Bag Bullseye</p>	<p>12</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Word Inside A Word</b> Ball Bounce</p>	<p>13</p> <p><b>Coffee/Conversations</b> <b>Reminisce Group</b> Yoga w/ Trina 11a <b>Sitterscise</b> Mixed Bag Bean Bag Toss</p>
<p>16</p> <p><b>Coffee 7 Tea w/Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Mixed Bag</b> Bean Bag Toss</p>	<p>17</p> <p><b>DB News and Current Events</b> <i>Art Fun w/ Tessa 10:30a</i> <b>Memory Enhancement</b> <i>Smooth Moves w/ Colleen 1p</i> DB Fued Mixed Bag</p>	<p>18</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> <b>Cooking</b> <i>DayBreak Jeopardy</i> DayBreak Double Jeopardy Bean Bag Toss</p>	<p>19</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Word Inside A Word</b> Ball Bounce</p>	<p>20</p> <p><b>Coffee and Conversation</b> <b>Reminisce Group</b> Yoga w/Trina 11a <i>Spa Day</i> Movie <i>Bean Bag Toss</i></p>
<p>23</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <i>Bean Bag Toss</i> Mixed bag</p>	<p>24</p> <p><b>DB News and Current Events</b> <i>Art Fun w/Tessa 10:30a</i> <b>Memory Enhancement</b> <i>Smooth Moves w/ Colleen 1p</i> DB Feud Bingo</p>	<p>25</p> <p><b>Coffee and Tea w/ Friends</b> <b>Reminisce Group</b> Drum Alive w/ Meida 10:30a <i>Day Break Jeopardy</i> Balloon Volleyball Mixed Bag Ball Bounce Bean Bag Toss</p>	<p>26</p> <p><b>Coffee &amp; Tea w/ Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <i>Word Inside a Word</i> Mixed Bag</p>	<p>27</p> <p><b>Coffee and Conversation</b> <b>Reminisce Group</b> Yoga w/ Trina 11a <b>Sitterscise</b> Mixed Bag <i>Bean Bag Toss</i></p>
<p>30</p> <p><b>Coffee &amp; Tea w/Friends</b> <b>Reminisce Group</b> Smooth Moves w/Colleen 11a <b>Bingo</b> Time Slip Bean Bag Toss</p>	<p>31</p> <p><b>DB News and Current Events</b> <i>Art Fun w/Tessa 10:30a</i> Smooth Moves w/ Colleen 1p DB Feud (Halloween Edition) <i>Cooking</i> <i>Happy Halloween!</i></p>			