

## VOLUNTEER OPPORTUNITY DESCRIPTIONS—SOCIAL WORK DEPARTMENT

## Home Assistance Aide

## Summary:

The Home Aide services are offered through Hannan Center's Social Work Department's Peer-to-Peer Program and is one of the most important services for assisting seniors who are struggling to maintain their independence in their homes. The Home Aides Volunteer(s) will make scheduled home visits to senior citizens whom are living independently in the community and need in-home help. The Home Aides provide assistance with community living tasks and home chores. The Volunteers will not provide any direct personal care services, interact or respond to situations beyond the scope of a Home Aide. The Hannan Center staff will provide supervision, training (as needed) and information on volunteerism principles, rights, and responsibilities to ensure a successful and rewarding volunteer experience.

## **Duties and Responsibilities:**

- Present with a warm, friendly, kind and courteous demeanor
- Accept seniors where they currently are with their life skills in a non-judgmental manner
- Assist senior citizens with maintaining a safe and clean home environment
- Complete home management tasks (light house cleaning, grocery shopping, laundry, light meal preparation) weekly or as mutually agreeable
- Assist older adults with tasks such as sorting mail, organizing the home, walking the dog, etc.)
- Assist older adults with activities of community living (making appointments, arranging for services (transportation providers, minor home repairs, lawn maintenance or snow removal, etc.)
- Respond to emergency health of safety instances by calling 911
- Complete tasks without interfering with the duties of a caregiver, if a caregiver is in the home
- Demonstrate respect for different cultures, social and economic backgrounds
- Inform the social work staff of any changes in the home (special needs/ urgent situations) that impact successful home assistance

<ul> <li>Interests:</li> <li>a helping relationship with a disabled person</li> <li>assisting senior citizens in their home as a housekeeper</li> </ul>	<ul> <li>Ideal Qualifications, Skills and Abilities:</li> <li>Good communication skills</li> <li>Physically able to do light house work and/or prepare meals</li> <li>Flexible, able to adapt to changes and unforeseen circumstances</li> </ul>
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